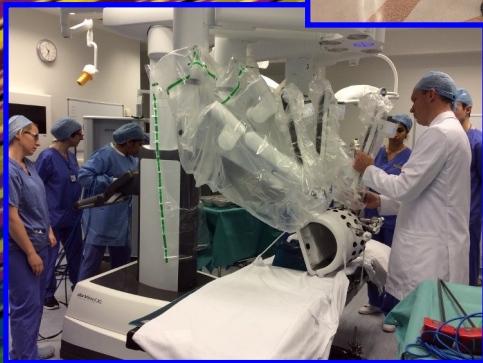


Issue 17

St. Vincent's Foundation Newsletter for the *Friends of St. Vincent's*



St. Vincent's Foundation is the philanthropic fundraising arm of St. Vincent's Healthcare Group



St. Vincent's Foundation

Board of Directors: Mr. David Ryan (Chairman), Ms. Stephanie Fitzpatrick, Mr. Dermot Furey, Prof. Michael Keane & Mr. John Hickey
Registered in Dublin, Ireland, Company No. 464228 Charity No. 1183
Registered Office: St. Vincent's Foundation, Elm Park, Dublin 4

Autumn
2017

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John Hickey, C.E.O.

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*St. Vincent's Foundation
is a voluntary
organisation and all
donations and grants are
shown on our website*

Welcome from John Hickey, C.E.O. of St. Vincent's Foundation



Welcome, once again, to all our readers of *Friends of St Vincent's* and I'm delighted to say that the number continues to grow.

In each edition we profile the activities that supporters organise to raise money for causes in the hospital. In a different way we highlight donations because in most cases the donors wish to have their kindness remain anonymous.

This is the seventeenth time that this magazine has been produced and it is interesting to look back over those nine years to see the energy, innovation and sheer goodwill that all our supporters have shown. It really is quite amazing.

It is also wonderful to see how all the contributions have enabled good things to happen in St. Vincent's Hospital that would never have been possible otherwise. These range from exciting medical research to equipment that enhances the outcomes for patients and also contributes to their greater comfort while in the hospital. In addition we are able to support staff in extending their relevant medical education which of course is of direct benefit to our patients.

We have featured here a most interesting article on Robotic Surgery. This very significant investment in state-of-the-art technology is a major advance for the hospital with huge gains in many medical specialities. The article from the team involved is very interesting.

Occasionally an investment in early-stage research has a huge payback when it leads to further very large support from other funding institutions. We have a terrific example of that in a project on Breast Cancer research which is covered in an article here.

On the fundraising side we have, of course, our consistent supporters who organise, year-in year-out to support important causes in the hospital. Many of these events have been running for seven and eight years and we owe them so much on behalf of our patients. Each year we hear from new people who want to help. Having experience of the care in the hospital for themselves or a loved one, they determined to fundraise and to make a difference.

These stories are honestly uplifting as they demonstrate such generosity and professionalism in helping others.

On a separate note we participated in **My Legacy Week** this Autumn. This is now an annual programme which highlights the importance of making a will and also considering supporting an important cause after we have taken care of our loved ones.. Legacy giving is growing in importance all the time in Ireland and we regularly remind readers of how it can help. Please read more about it.

Welcome & Business Partners

As we go to print we are nearing Christmas and the end of 2017. We have a lovely range of Christmas Cards and a Christmas Raffle. All proceeds go to Pancreatic Cancer and we appeal for your continued support.

Finally we want to wish all our patients and their families every good wish for Christmas and for a happy and healthy 2018.

**John Hickey,
C.E.O. (Voluntary)**

However you choose to help St. Vincent's you are assured that all your donation goes to your selected cause without deduction of costs.

We are a voluntary organisation dedicated to raising funds for patients care, research and education in St Vincent's.

Business Partners

If you would like to become a Business Partner of St Vincent's Foundation please make contact with us. We would be delighted to explore it with you.

St. Vincent's Foundation is supported by the following Business Partners



St. Vincent's Healthcare Group comprises St. Vincent's University Hospital, Elm Park, Dublin 4 (affiliated with University College Dublin); St. Vincent's Private Hospital, Elm Park, Dublin 4 and St. Michael's Hospital, Dun Laoghaire, Co. Dublin.

www.stvincents.ie

Fundraising Highlights

This section of our magazine is always colourful and varied and we hope you enjoy the valiant efforts of so many people who volunteer to make these happen.

Before we detail the many and varied events we should comment on some areas of support that are low-key but very important:

Phone Recycling: As well as being environmentally efficient we are paid for discarded mobile phones and over the year this comes to several hundreds of euros.

Collection Boxes.: Located throughout the hospital these boxes raise approx. €10,000 every year.

In-Memory Donations: Many families look to benefit a favourite charity rather than have funeral flowers. This is a very personal decision at a terribly emotional time for relatives but we are always grateful when donations to St. Vincent's are requested.



Over the years and especially during **My Legacy Week** we have highlighted how much of a difference a bequest can make. Each year we are informed of sums that have been specified to be left to St. Vincent's. This year was no exception with several legacy gifts:

- ◆ €1,000 in May for the Diabetes Unit
- ◆ €20,000 in August for Cancer Research in St Vincent's Private Hospital
- ◆ €10,660 representing legacy gifts channelled through the Charities Regulatory Authority

Personal Donations.

As we have stated many times here we find that most donors, understandably, do not wish to be identified when making a gift to the hospital. We always respect this and just highlight their generosity on an anonymous basis and we do so here now.

In October we were stunned when a patient of the hospital presented us with a cheque for €50,000 intending that it would benefit the Liver Unit, ICU and other areas of the hospital. The investment in these areas is currently underway.

Also in October another generous donor contributed €2,000 requesting that it be devoted to medical research.

On behalf of our patients we thank these donors for their great kindness. We hope that both donors will read this and recognise themselves from these details.

Fundraising Highlights continued.....

John Cullen Memorial Fundraising for Pancreatic Cancer Care & Research:

For the second year running, Michelle Cullen, her family and friends of her late husband John, committed to a very ambitious fundraising plan.

Including a Golf Outing and associated raffle and social event, they succeeded in raising €3,537.65. This is an enormous contribution to Pancreatic Cancer care and research in St. Vincent's Hospital and we are truly indebted to them for this wonderful result for our patients.

We want to particularly thank Barry Spillane who organises the golf end of this fundraising each year and does it so well. We are really grateful, Barry.



In total this group of supporters has now raised almost €7,000 for this extremely important cause. Success in tackling pancreatic cancer diagnosis and care are hugely dependent on investment in research and on behalf of our patients, our sincere thanks to Michelle, her family and all involved in this magnificent support.

Michelle is pictured with her daughters Meghan & Faye, grandson Jack, together with her parents Don & Angela McNeill, presenting their proceeds to John Hickey

Tom Kennedy Annual Memorial Rally 2017:

On a glorious day in July, The Garden of Ireland Vintage Car Club held it's annual Tom Kennedy Memorial Rally in Ashford, Co. Wicklow. The rally, which supports fundraising for St. Anne's Cancer Care in St. Vincent's University Hospital raised €2,100.

This event has now raised almost €12,000 over the years.

With a record attendance of cars, tractors and a most impressive Dog Show, the spectacle was wonderful. As always there was a huge effort by the Committee in making this happen.

On behalf of our patients, we are really thankful to Tom's family and everyone involved in this over the years.

Pictured on the right is Angela Kennedy presenting The Tom Kennedy Memorial Cup for the Car of the Show 2017 to Noel Kavanagh for his 1927 Ford Model A



Fundraising Highlights continued.....



Colin Keane & Friends fundraising for the Liver Unit:

From participation in the Cork City Marathon on 4th June 2017, Colin Keane and his friends raised €1,141.00 for the Liver Unit in St. Vincent's.

We are really grateful for this tremendous effort and result.

Colin is pictured with his daughter Karly and with his fellow participants.



School fundraising for Breast Care in St. Vincent's:

We are thankful to the boys and girls at St. Francis National School, Newcastle, County Wicklow who held a cake sale and non-uniform day to raise funds for St. Vincent's Breast Care Unit. €277.57 was raised for this great cause. Thank you to all concerned.

Liver Unit benefits from the dissolution of a Trust:

Following the dissolution of a Trust, the Liver Unit in St. Vincent's received €15,644.95 in June 2017. This trust was established to pay for a liver resection for a patient from Dublin, living in Canada. Unfortunately he passed away following a battle with liver cancer and the trust was dissolved with the balance funds disbursed equally between St. Vincent's Liver Unit and St. Francis Hospice.

We are most grateful to the trustees involved for donating these funds to our Liver Unit.

8 year old Sadhbh supporting St. Vincent's:

One of our youngest contributors to date, is Sadhbh Lynch. She very generously contributed €26 because her grandad was being treated in St. Vincent's and she wanted to assist with his medicine. Thank you Sadhbh.

Malin to Mizen fundraising for the Cystic Fibrosis Unit:

Laurence Keenan Jnr. from County Cavan undertook the most arduous fundraising effort when he decided to cycle from Malin Head to Mizen Head, to raise money for C.F. in St. Vincent's. This epic journey was over 600km.

From this huge effort Laurence raised €1,000 and we are indebted to him on behalf of our patients.

Fundraising Highlights continued.....



HSF supporting St. Vincent's:

St. Vincent's Foundation is delighted to be the beneficiary of a charitable grant of €2,700 from the Hospital Saturday Fund (HSF).

HSF has, for over 60 years, provided affordable healthcare plans in Ireland and the United Kingdom.

We are very grateful to HSF for this terrific contribution to Palliative care in St. Vincent's.

Picture shows Mia Shepherd presenting the HSF cheque



Kevin McCormack's 60th Birthday fundraising for the Liver Unit:

On the recent occasion of his 60th birthday, Kevin McCormack, from County Laois and his family had a novel and generous plan to raise money for the Liver Unit in St. Vincent's. Guests at the birthday were requested not to bring gifts but to donate whatever they wanted in a collection bucket on the night.

Kevin also approached numerous businesses for additional support. Many other individuals, aware of the fundraising, also contributed.

A total of €3,735 was raised from all these efforts and Kevin & Una and their family came to St Vincent's to present the proceeds. The list of donors is too long to acknowledge individually, but special thanks are due to Portarlinton Credit Union and AIB Bank, Portlaoise.

Pictured above are the McCormack family - Claire, Joe, Kevin Snr., Una, Kevin Jr. & Sandra presenting proceeds to John Hickey.

Tony Walsh Allcare Pharmacy Give for Good Campaign:

Our neighbouring pharmacy, Tony Walsh Allcare Pharmacy, Merrion Shopping Centre consistently demonstrate their caring for our community. This year's Give for Good campaign raised €965.74 for patient care here in St. Vincent's.

We are really grateful for their continuous support for our patient care in these campaigns and in our raffles.

Photo shows some of the staff of the pharmacy presenting the cheque.



Fundraising Highlights continued.....



Ballingarry Friends of Cystic Fibrosis Road Race & Family Fun Day 2017: Seamus Kelly from County Tipperary (*pictured on the left*) recently presented the fantastic fundraising amount of €10,000 to be used for Cystic Fibrosis Research and patient care here in St. Vincent's.

This fundraising by Ballingarry Friends of Cystic Fibrosis was the proceeds of a Road Race and Family Fun Day held over a weekend in early July.

Seamus Kelly is the driving force behind Ballingarry Friends of Cystic Fibrosis as he and two of his siblings have Cystic Fibrosis. This hardworking committee have fundraised for Cystic Fibrosis for many years. To all involved in this wonderful fundraising, we say a big Thank You

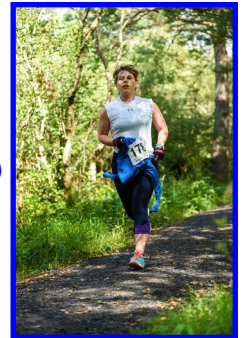
*Ballingarry Friends of
Cystic Fibrosis*



Gaelforce Women's Adventure Race:

Thank you to SVUH employee Elaine Cunniffe who took part in the Gaelforce Women's Adventure Race in August. *(see photos on the day)*

Elaine raised €134 for Cancer services here in St. Vincent's



Step Challenge for Pancreatic Cancer:

A mother and daughter from Ballinteer, Dublin, Carmel & Kelly, came up with a novel way to fundraise for Pancreatic Cancer Research. They undertook a 30 day challenge of 10,000 steps a day for Pancreatic Cancer raising €345.00 in the process. Thank you Carmel & Kelly for your generosity.

TESCO Community Fund:

TESCO Merrion Shopping Centre have again supported a worthy cause in St. Vincent's. In October they presented a cheque for €348.69 for the Eating Disorder Unit in St. Vincent's.

This was nominated by a patient and we thank them too.

Renewed thanks to TESCO for their continued support for different causes here in St. Vincent's.



Fundraising Highlights continued.....

Christine Kearney's Halloween Raffle for Breast Cancer services in St. Vincent's:

For many, many years, Christine Kearney has been an extremely prolific fundraiser for Breast Cancer in St. Vincent's. The 2017 Halloween Raffle raised €2,375.00 and this means that to date, she has contributed over €34,000 to this vital work. Three generations of Christine's family have helped in this.

Christine and her friends Catherine and Katie had 45 wonderfully presented prizes, which made a great display in the hospital.

On the day of the raffle, the three of them were wonderfully decorated and created a terrific atmosphere. (*The photographs below say it all*) We are grateful to everyone who made this happen by donating prizes and selling tickets. We want to particularly thank the staff of the main reception in St. Vincent's who contributed enormously to the sales beforehand.

A big Thank You to Christine.



Clay Pigeon fundraiser for the Liver Unit:

East Cork Gun Club had a Clay Pigeon Shoot event at Belvelly, Cobh on the 22nd October to raise money for the Liver Unit in St. Vincent's University Hospital. A popular member of the Club, Dara O'Connell (*pictured on the right with John Hickey*) received a liver transplant in the hospital a year ago and his mother Jeanette was instrumental in organising the fundraising.

Boosted by a raffle and sales of refreshments, the Club raised a fantastic total of €5,300. This is a major contribution to the vital work of the Liver Unit. An enormous number of volunteers made all this possible and we are extremely grateful to them. We also appreciate the sponsorship from local businesses, which was highlighted by Chairman Shane Halligan at the cheque presentation.



Members of the organising group

Club President Richard O'Shea presenting the cheque



Fundraising Highlights continued.....



2017 VHI Women's Mini Marathon Bank Holiday Monday 5th June 2017:

Each year, important causes in St. Vincent's benefit from this fantastic fundraising event.



Sincere thanks to all those wonderful ladies who took part in this year's event, in support of various causes in St. Vincent's.

Pictured are some of our great supporters:

- ◆ Audrey & Eileen Carolan from County Meath who fundraised for the Liver Unit
- ◆ Christine & Ann Carstairs from County Wicklow, along with Donna, Lily and Aoife.
- ◆ Marion Dempsey from Clondalkin who fundraised for Breast Cancer, pictured with friends.



Dublin Marathon 2017:

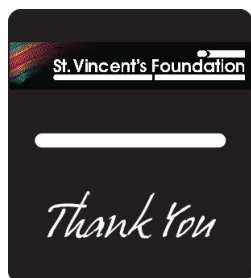
The next edition of *Friends of St. Vincent's* will feature successful fundraising in the 2017 Dublin Marathon.



***All donations and grants are shown on our website
www.stvincentsfoundation.ie***

***We are so indebted to all our supporters mentioned here
and to many more not listed.
Some donors do not want to be identified and we
always respect that.***

How we handle your money



Regular readers will be familiar with this page which we reproduce in each edition as we feel it is important to demonstrate both our activities but also our consistent policy in dealing with donations.

Donations: *In line with our privacy policy we generally do not highlight specific donors unless they specifically request to be identified. Most donors want confidentiality and we always respect that.*

Personal details of **Donors** will remain confidential unless SVF is specifically requested by the Donor to publicise them. Otherwise Donors will be able to recognise their own donation by reference on that page to the donation date and amount and by the cause, if they have specified one.

Fundraisers will be individually identified in the publicly accessible database, if they have requested to be identified, by name and amount raised. Otherwise they will be able to recognise their contribution by reference to the presentation date and amount and specific cause if nominated.

We would like to take the opportunity to thank those many, many generous people who give money to assist us in our work.

Wedding Favours:

Many couples getting married decide to make a contribution instead of wedding favours on their special day. Normally we are asked for table displays for the wedding reception and we are of course very happy to provide them. We thank all those couples as we wish them a long and happy married life.



Funeral Donations:

On the sad occasion of the loss of a loved one, many families request a donation to a named charity in lieu of funeral flowers. St. Vincent's frequently benefits from this generosity. This is most appreciated. We always advise the family of donations received and also acknowledge directly to the donor. As we thank these families we would like to acknowledge the Funeral Directors who assist people who wish to donate. We have continued to note an increase in the number of bereaved families who request donations to St. Vincent's instead of flowers and we are grateful for their kindness at this most difficult time for them.

Court Directions:

We continue to receive donations in lieu of Court fines and we are very grateful to the Court staff who support this.

Collection Boxes:

Finally we must thank those people who, completely anonymously, support our collection boxes so generously throughout the hospital.

For details of all donations, fundraising and spending, please see our website

www.stvincentsfoundation.ie

On the website also, you can read our Income and Grants policies.



Donors making a difference



In the pages that follow we demonstrate the practical impact that donors and fundraisers have had on patient care in St. Vincent's Hospital.

We feature staff training, some investments in patient and family comforts and equipment financed by donors through St. Vincent's Foundation and of course vital research support.

Pedometers for Our Lady's Ward:

As part of the care of patients research highlighted the importance of encouraging activity while hospitalised. Part of this is to measure the amount of activity undertaken. We were delighted to fund Pedometers for this purpose and they will help to improve this environment.

St. Vincent's Foundation finances a Health Information Website. The HEAL Project

St. Vincent's Foundation provided a grant for this important project and Anne Madden, Assistant Librarian in St. Vincent's University Hospital explains the programme and ambition for it:



“In the nineteenth century health was transformed by clear, clean water. In the twenty-first century, health will be transformed by clean clear knowledge.”

This quote from Sir Muir Gray, Director of the UK National Knowledge Service and NHS Chief Knowledge Officer, beautifully sums up what we aim to achieve through the HEAL project. “HEAL” stands for Health Education And Libraries” and is a partnership between public libraries, health libraries and academic organisations. Its aim is to support and promote health literacy in Ireland by providing guidance to patients and the public on finding and assessing reliable online health information. The pilot project, where we test what works best and what should be included, is limited to Dublin and involves librarians from St. Vincent's Healthcare Group and the Dublin Public Libraries, and researchers from the UCD School of Nursing, Midwifery and Health Systems.

To see if there was an interest or a need for this service, the team ran a survey which took place in St. Vincent's University Hospital in February and in the Dublin Public Libraries in May. There were more than 1300 responses which shows the level of interest around the whole topic of health literacy. Our problem is that we are drowning in online health information – Google any health topic and see how many results come back – but how much of it is “clean and clear” and how can we tell the difference?

To identify what would be most useful to patients and the public in finding reliable health information, the HEAL team proposed to develop a test website. Thanks to funding from the St. Vincent's Foundation, this has become a reality. To see where we've got so far, please visit <https://navigatehealthinfo.org>. We will be delighted to hear from you if you have any comments or suggestions – just use the “contact us” link on the site.”

Donors making a difference continued.....

St. Michael's Hospital Bus:

St. Michael's Hospital as a partner hospital in St Vincent's Healthcare Group identified that patients would benefit from having an improved transport service for people who have to be moved between the two hospitals as part of their care.

We were delighted to be able to finance this from funds which had been donated over the years to support St. Michael's. This will make a great difference for patients for many years.



Donor support for Breast Cancer Research leads to a large grant:

Over the last 5 years or so, St. Vincent's Foundation has financed a research project that has been conducted jointly between UCD, Trinity College and St. Vincent's University Hospital. The project leads were Prof Adrian Bracken of TCD and James Geraghty, Consultant Surgeon St Vincent's Hospital. Because of the early success of the research work, the team published a number of high quality research articles which have now lead to grants of €72,000 from Irish Research Council and almost €374,000 from the Health Research Board.

In a very real way the efforts of donors and fundraisers have, therefore enabled a huge research investment that will pay dividends for patients. Quite simply this would not have happened without this generosity and support.

We thank all of them for making this happen.



Mr. James Geraghty, St. Vincent's Hospital

Prof. Adrian Bracken, Smurfit Institute of Genetics, TCD



Donors making a difference continued.....

Robotic Surgery in St. Vincent's University Hospital 2017

One of the most exciting financial contributions made by St. Vincent's Foundation is in the area of Robotic Surgery. The intensive preparation for this initiative has involved a huge team who have worked tirelessly to ensure its success. The team has encompassed many disciplines including doctors, nurses, sterilisation staff, porters, and management to name but a few.

We are delighted that Mr Barry McGuire, Consultant Surgeon has given us an insight into the wonderful advances for patient care through this fantastic technology. We are grateful for his contribution here. As he points out, we will be able to expand on this capability by continued investment aided by donors. We would welcome any contributions to St. Vincent's Foundation to help this development.

Robotic Surgery explained:

"A new state of the art robot that helps surgeons perform operations by keyhole surgery has been introduced into the hospital thanks to generous donations to St. Vincent's Foundation. There are many benefits to patients who undergo this surgery, and this method of operating is a mainstream technique available in other modern international healthcare systems. Now it is available to public patients attending St. Vincent's. Here I try and answer some questions I frequently get from patients."

What is the robot?

The robot is a surgical tool that allows operations to be performed through tiny incisions. We call the system a robot, because it is a computer that has three robotic arms with miniature hand-like tools which are controlled by the surgeon.

Robotic Surgical Arm Equipment: Da Vinci xi surgical Systems

How does it work?

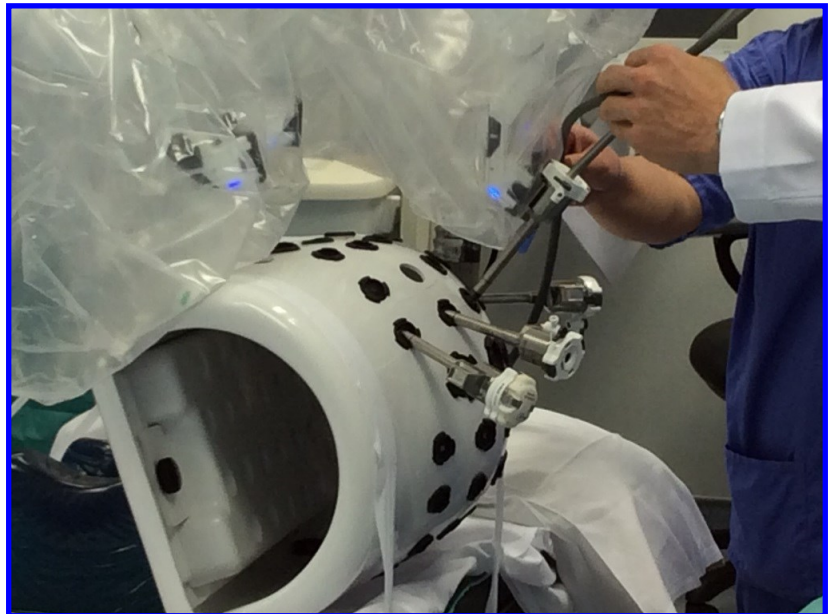
The first thing the surgeon does in a robotic operation is to create the small entry points that allow placement of the robotic arms into the patient's body. The arms are long, thin instruments with a miniature 'hand' (it looks like a thumb and index finger).

Between 2-3 of these robotic arms are re-

quired to perform any given operation. The surgeon then steps away from the patient and sits at a computer console to control the robotic arms.

How is it different to traditional keyhole surgery? (called laparoscopic surgery)

The main difference is that the robotic hands can be moved exactly like a human wrist/hand and therefore the surgeon can carry out very complex manoeuvres in a very natural way (In laparoscopic surgery the instruments are straight and don't move that way).



Donors making a difference continued.....



Is it a robot operating rather than my surgeon?

No. The surgeon controls every single aspect of the operation and nothing can be carried out without the surgeon manipulating the robotic arms

Is it safe?

Yes, it's very safe in a surgeon who is well trained and experienced. The Robot does not make someone better skilled, it just facilitates doing very complex operations through keyhole surgery that traditionally were done through large open incisions because human hands were needed.

What are the advantages?

Any operation that is carried out through small incisions usually means that patients recover quicker because they have less pain compared to a larger incision. This has advantages in that they are discharged quicker from hospital, and can return to normal life/work. The manoeuvrability of the robotic 'hand's means that things like stitching is a lot easier for the surgeon (which possibly translates into a better done operation for you!). The magnified three-dimensional view gives surgeons a great appreciation of nerves, tissue, blood vessels etc. and therefore the robotic surgery approach in some operations may be better than other techniques.

What operations can it be used for?

Operations on the kidney where small cancers are removed require a lot of very challenging stitching therefore the robot has a real advantage over traditional keyhole techniques. In prostate surgery the robot is very useful for visualising nerves, blood vessels and structures that can be located in a very narrow space. The robot can be used to operate on the bowel cancer, gynaecological operations (like a hysterectomy), the chest (removing part of the lung) – to mention but a few.

Can it be used for all operations?

No. Sometimes an open operation or a 'laparoscopic' (the usual equipment we use for key hole surgery) is better suited. This is something that you could discuss with your surgeon.

Is there anything else the robot can do?

There are many leading-edge tools that are associated with the robot. For example, after an injection into the patient's bloodstream, the robot can be switched to infra-red mode and blood vessels turn green which allows the surgeon visualise the blood vessels really well. In addition, the surgeon can change the magnification of the view which can help with very delicate dissection of tissue/nerves. Lastly, when using an ultrasound machine (which can see below the surface of structures), the view can be placed alongside the view of the patients tissues, so the surgeon can see both in real time and this helps with cutting out delicate structures, or tricky cancers.



Donors making a difference continued.....

Is there anything else that I can do to help purchase equipment?

There are many pieces of equipment that could be used to help us continue to offer leading-edge surgeries to the patients in St. Vincent's hospital. The running costs of this robot are very high, so donations are always welcome. Assistance in purchasing a laparoscopic probe which can be used as explained above would be welcomed.



Team Photo—Left to Right

Maeve Sully, Carmen Garnes, Jasmy Joseph, Jonella Asia, Mini Mathew, Mr Barry McGuire, Angelina Tabamo, Dr Kieran Breen, Karl Perocillo, Joann Mausisa



Surgeon Bio:

Mr. Barry McGuire recently joined St. Vincent's University Hospital, having worked prior to that as a consultant urologist in Beaumont, Blanchardstown and Mater Private Hospitals. Mr. McGuire graduated from the Royal College of Surgeons in Ireland in 2002, and completed most of his training in Ireland and the USA. His specialist area of interest is minimally invasive surgery (Robotic and Laparoscopic Surgery).

In 2013 Mr McGuire underwent a 2-year Robotic surgery training fellowship at the Northwestern Memorial Hospital, Chicago (Northwestern is ranked in the "Top Ten Best Hospitals" across the entire USA).

The fellowship was awarded through the prestigious Endourological Society and he performed hundreds of robotic and laparoscopic operations there. Since returning to Ireland from this experience in the USA, Mr. McGuire has been able to deliver cutting leading-edge surgeries on the kidney and prostate to remove cancers by keyhole technique. He is now based solely in St. Vincent's University Hospital.

Postscript: *"As we were going to print, the first robotic procedure was conducted involving a young female patient with a tumour on the kidney. The tumour was removed without affecting the kidney function, and she was discharged home within 48 hours of her surgery".*

Donations & Gifts

Here we highlight some of the ways that donors can help to support a cause in St. Vincent's. We specifically highlight legacy gifts, In Memory donations and direct gifts.

Making a difference with Legacies:

Throughout our history since 1834, St Vincent's has been enabled to finance improvements in patient care through legacy gifts. Each year we receive notification of bequests. Sometimes they are quite specific as to how they are to be used. In many cases the donor just directs that they are for improving outcomes for patients. Many of the investments we feature in this and earlier issues of "Friends of St. Vincent's" were made possible because of the generosity of supporters who included a gift to St. Vincent's when making their will.



For these reasons, St. Vincent's Foundation co-operated in the creation of MyLegacy.ie. This is a joining of over fifty charities in Ireland to encourage everyone to make a will which is very important to ensure that one's wishes, for dealing with assets, are clearly set down. My Legacy.ie also encourages people to consider including a favourite charity as a beneficiary from the estate.

The central element of this promotion is My Legacy Week which is organised in Autumn each year. At this time St. Vincent's Foundation asks you to continue to support us by leaving a legacy gift in your will, after you have taken care of your family and loved ones. Large or small, it is a special and personal way to make an impact on causes you cherish most for the future.

For people of all ages who have assets, the importance of making a will cannot be overstated. Many Irish people put off making a will even though it is not a daunting experience and can give you peace of mind. A solicitor has a checklist of all the things to be decided upon and once that is done, you can add whatever legacy gift you feel is right and possible. Most of us have been touched by the amazing work charities do in our lives and communities.

Launching My Legacy Week, Fergal O'Sullivan, Chairperson of My Legacy said "First and foremost, when you're making your will, look after your family and loved ones. After that, you might want to consider leaving a legacy gift to a cause you feel strongly about or have an affinity with and you decide what that gift is. Large or small, a charity will appreciate your thoughtfulness and remembrance."

You can learn more about leaving a legacy gift to charity and find a local solicitor to help you make your will at www.mylegacy.ie



my legacy

Leave your gift for the future

MY LEGACY WEEK

30th Oct - 4th Nov

Ways you can Help St. Vincent's

Tax Reclaim for Charities

As a registered charity, donations to St Vincent's Foundation can be enhanced when we can reclaim tax on the amount donated. The process is quite simple and we describe it here.

From January 2013, for all donations of €250 or more in a given tax year the receiving charity receives a tax rebate for the charity provided the donor/taxpayer had paid tax of this amount or more in the relevant tax period.

Because donations are made from "after-tax" income the tax reclaim is calculated to refund the amount of tax that would have been deducted and the taxation rate used is 31%.

The benefit to charities is best demonstrated by an example as follows: where a donor gives €500 during 2014 to St Vincent's Foundation the €500 is considered to be what was left after the donor had paid tax. At a rate of 31% this gross amount before deduction of tax is calculated at €724.65. If the donor has paid a minimum of €224.65 in tax in 2014 the Revenue will repay this amount (€224.65) to St. Vincent's Foundation thereby increasing the value of the donation by almost 45%.

Relevant donors complete and sign a Revenue CHY4 form, which we will provide and the tax reclaimed is very worthwhile as it substantially increases the income to charities at no further cost to donors.

Fundraising Events

These are one of the biggest sources of financial support and are covered extensively in this magazine.

Are you thinking of taking part in a fundraising event? If so, please consider choosing St. Vincent's

Foundation as your chosen charity You can select the cause within the Foundation you would like your money to go to All monies received will go directly to your chosen cause and patient care

Contact us now for a sponsorship pack on 01-2215065

or

Email: stvincentsfoundation@svhg.ie



EverydayHero (formerly MyCharity) Affiliation

Don't forget our partner in fundraising **EverydayHero (formerly mycharity.ie)**

This is a really useful way to organise fundraising for sponsored events.

If anyone is considering participating in any type of sponsored event, it is worth visiting the website.

Literally any kind of event can be put up.

Everydayhero is an online fundraising platform just like MyCharity.ie, allowing people to raise money for their favourite causes or to give donations directly to them.

MyChairty.ie has now evolved into Everydayhero and is now fully mobile and is optimised to work on smart phones. It includes a range of engaging features for fundraisers to post photos, blog posts and even share their training effort with their friends and family.

See further details on www.everydayhero.ie

Christmas Cards & Raffle

CHRISTMAS CARDS CAMPAIGN AND RAFFLE FOR PANCREATIC CANCER

Regular readers will know that, as we approach Christmas, we organise a raffle in conjunction with sales of Christmas cards. Each year a specific medical area is adopted for support and for 2017 we are donating all funds from the Christmas cards and raffle to Pancreatic Cancer.

As the National Centre for Pancreatic Cancer treatment we are delighted with the support of donors in advancing this programme. Funding will continue to be critically important in addressing this medical area and the contribution of donors to St. Vincent's is vital.

Christmas Cards cost €5 per pack of 10 and the price includes an entry in our Christmas Raffle for fabulous prizes. Cards are on sale in the hospital, complete an order form below or contact us on 01-2215065. Please support this important cause.



Order Form for Christmas Cards

Name: _____

Address: _____

Contact tel. no. _____ Amount Enclosed € _____

Cards are packed in 10's @€5.00 per pack

Tick Card Type/Quantity in box

I. Religious Cards (assorted)

2. Non-Religious Cards (assorted)

Cheque/postal order payable to "St. Vincent's Foundation"

Return your completed order form to:

***Mr. John Hickey, C.E.O., St. Vincent's Foundation, St. Vincent's University Hospital, Elm Park, Dublin 4
or Phone us on 01-2215065 with your order***

Donations can be made by
24 hour donation phone line Tel: 1850 603 803

Via Our Website

www.stvincentsfoundation.ie

Or

Pick up one of our leaflets in the hospital

OUR CONTACT DETAILS

St. Vincent's Foundation

St. Vincent's University Hospital

Elm Park

Dublin 4 D04 T6F4

Tel: 01 221 5065

Fax: 01 221 4428

Email: stvincentsfoundation@svhg.ie

St. Vincent's Foundation

Company Registration No. 464228 Charity No. 1183

St. Vincent's Foundation complies with The Principles of Good Governance and with
The Statement of Guiding Principles for Fundraising